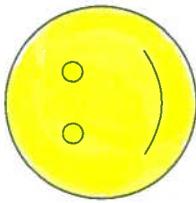


**Picatinny Arsenal
CYSS Summer Menu 2014**

Week 1

All foods for Infant Menu is diced to $\frac{1}{4}$ inch from kitchen
Camp Trips: on the early morning trips kitchen will provide Whole Grain Cereal Bar, banana, and milk for breakfast.



Please Note: Menu substitutions may be made at the discretion of the Kitchen to accommodate for center celebrations.

REACH OUT AND HOLD
JULY 2014

Approved By:

| Components | | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------|--|---|-------------------|---|-----------------------------------|-------------------------|
| B | Fluid Milk | Milk | Milk | Milk | Milk | Milk |
| R | | | | | | |
| E | Bread or Bread Alternate | Cold Cereal Crispix | Pancakes | Bagel | Egg Patty/Biscuit | Cold Cereal Cheerios |
| A | Fruit, Vegetable, or Full Strength Juice | Mandarin Orange | Applesauce | Banana | Sliced Peaches <3Diced Peaches | Banana |
| K | | | | | | |
| F | Additional Food (Optional) | | | Cream Cheese/Jelly | | |
| A | | | | | | |
| S | | | | | | |
| T | Fluid Milk | Milk | Milk | Milk | Milk | Milk |
| L | Meat Or Meat Alt. | Chicken Patty | BBQ Pork Riblets | Camp Field Trip Ham Sandwich CDC Alt: Baked Ham | Stuffed Baked Potato Diced Ham | Pizza Day!!! |
| U | | | | | | |
| N | | | | | | |
| C | | | | | | |
| H | Vegetable Or Fruit | Corn | Vegetarian Beans | Carrot Sticks <3 Diced Carrots | Broccoli | Tossed Salad |
| | Vegetable Or Fruit | Fruit Cocktail | Pineapple Tidbits | Apple <2 Applesauce | Fruit Cocktail | Pineapple Tidbits |
| | Bread or Bread Alt. | Wheat Hamburger Roll | Roll | Bag of Chips CDC Alt: Bread | | Whole Wheat Pizza Sheet |
| | (Optional) | | | Camp Only: Sliced Cheese, Ranch Dressing | Cheddar Cheese Sour Cream | Salad Dressing |
| | Choose 2 of these 4: | | | | | |
| S | Fluid Milk | Birthday Celebration Vanilla Dixie Cup | String Cheese | Apple Juice 100% | Orange Wedges | Milk |
| N | Meat or Meat Alternate | | | | | Salsa |
| A | Fruit, Vegetable, or 100% Juice | Juice 100% | | | | |
| C | Bread or Bread Equivalent | | | Wheat Hi Ho | Pretzels | Tortilla Chips |
| k | Additional Food(optional) | | | | CDC: Apple Nutrigrain Bars | <2 crackers Water |

Picatinny Arsenal
CYSS Summer Menu 2014

Week 2

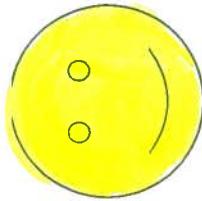
All foods for Infant Menu is diced to $\frac{1}{4}$ inch from kitchen

Camp Trips: on the early morning trips kitchen will provide Whole Grain Cereal Bar, banana, and milk for breakfast.

| Components | | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------|--|--|-----------------------------|---|-------------------------------------|-----------------------|
| B | Fluid Milk | Milk | Milk | Milk | Milk | Milk |
| R | Bread or Bread Alternate | Cold Cereal Life | French Toast | Bagel | Waffles | Cold Cereal Crispix |
| E | Fruit, Vegetable, or Full Strength Juice | Sliced Peaches <3Diced Peaches | Applesauce | Banana | Sliced Peaches <3Diced Peaches | Bananas |
| A | Additional Food (Optional) | | Syrup | Cream Cheese/jelly | Syrup | |
| S | Fluid Milk | Milk | Milk | Milk | Milk | Milk |
| T | Meat Or Meat Alt. | BBQ Chicken | All Beef Burger | Camp Field Trip Ham Sandwich | Twin Taco Ground Turkey | Turkey & Cheese |
| L | | | | CDC Alt: Baked Ham | | |
| U | Vegetable Or Fruit | Vegetarian Beans | French Fries | Carrot Sticks | Lettuce/Tomato | Lettuce/Tomato |
| N | Vegetable Or Fruit | Pineapple Tidbits | Sliced Pears <3 Diced Pears | <3 Diced Carrots | Pineapple Tidbits | Mandarin Orange |
| C | Bread or Bread Alt. (Optional) | Whole Wheat Roll | Wheat Hamburger Roll | Bag of Chips CDC Alt: Bread | Soft Taco Shell | Pita Bread |
| H | | | Cheese, Ketchup | Camp Only Sliced Cheese, Ranch Dressing | Cheddar Cheese | Mayo/Ranch Dressing |
| | Choose 2 of these 4: | | | | | |
| S | Fluid Milk | Birthday Celebration Vanilla Dixie Cup | Yogurt | | | Milk |
| N | Meat or Meat Alternate | | | | | |
| A | Fruit, Vegetable, or 100% Juice | Juice 100% | | Apple Juice 100% | | Fresh Water Melon |
| C | Bread or Bread Equivalent | | Vanilla Wafers | Pretzels | Wheat Thins <2 Wheat Hi Ho Crackers | Whole Wheat Gold Fish |
| K | | | | | CDC: Apple Nutrigrain Bars | Water |

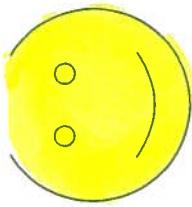
Please Note: Menu substitutions may be made at the discretion of the Kitchen to accommodate for center celebrations.

Approved By: *DANNA O'NEIL MAY 2014*



**Picatinny Arsenal
CYSS Summer Menu 2014
Week 3**

All Foods for Infant Menu is diced to $\frac{1}{4}$ inch from kitchen
Camp Trips: on the early morning trips kitchen will provide Whole Grain Cereal Bar, banana, and milk for breakfast.



Please Note: Menu substitutions may be made at the discretion of the Kitchen to accommodate for center celebrations.

Approved By: *Beth Auland MS 2014*

| Components | | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------|--|--|--------------------------------|--|---------------------------|-------------------------|
| B | Fluid Milk | Milk | Milk | Milk | Milk | Milk |
| R | Bread or Bread Alternate | Cold Cereal Kix | Turkey Sausage/Biscuit | Bagel | Whole Wheat French Toast | Cold Cereal Cheerios |
| E | Fruit, Vegetable, or Full Strength Juice | Sliced Peaches <3 Diced Peaches | Sliced Pears <3 Diced Pears | Banana | Applesauce | Banana |
| A | Additional Food (Optional) | | | Cream Cheese/Jelly | | |
| S | Fluid Milk | Milk | Milk | Milk | Milk | Milk |
| T | Meat Or Meat Alt. | Fish Fillets | Chicken Patty | Camp Field Trip Ham Sandwich CDC Alt: Baked Ham | Ground Turkey Sloppy Joes | Pizza Day!!! |
| L | Vegetable Or Fruit | California Vegetable Blend | Green Beans | Carrot Sticks <3 Diced Carrots | French Fries | Lettuce/Tomato |
| U | Vegetable Or Fruit | Applesauce | Fruit Cocktail | Apple <Applesauce | Mandarin Oranges | Pineapple Tidbits |
| N | Bread or Bread Alt. | Wheat Bread | Whole Wheat Roll | Bag of Chips CDC Alt: Bread | Whole Wheat Roll | Wheat Pizza Crust |
| H | (Optional) | Ketchup | Ketchup | Camp Only: Sliced Cheese, Ranch Dressing | Ketchup | Salad Dressing |
| Choose 2 of these 4: | | | | | | |
| S | Fluid Milk | Birthday Celebration Vanilla Dixie Cup | Milk | | Milk | |
| N | Meat or Meat Alternate | | Cheese Sticks | | | |
| A | C | Fruit, Vegetable, or 100% Juice | Juice 100% | Apple Juice 100% | Apple Nutrigrain Bar | Frozen Grape juice cup |
| k | Bread or Bread Equivalent | | Wheat Hi Ho | Pretzels | <2 Animal Crackers | Harvest Sun Chips Water |